



J I W A S P A

**CHILDREN'S TREATMENT MENU**

**Jiwa Princess | 90mins**

Get fairy tale-ready with a princess facial and massage.

This ritual features:

- Foot ritual 10 mins
- Soft Body massage 30 mins
- Sparkle Manicure 30 mins
- Organic facial 20 mins

**Jiwa Warrior | 60 mins**

An introduction to the benefits of massage therapy for young guests, followed by a chocolate mud bath.

This ritual features:

- Foot bath 10 mins
- Soft body massage 30 mins
- Chocolate mud bath 20 mins

**Children Therapies | 30 to 60 mins**

An introduction to the benefits of massage therapy and body treatments, with the young person in mind, complete with healthy snack and milk.

- Soft Back Massage 30 mins
- Organic Facial 30 mins
- Sparkle Manicure or Pedicure 30 mins
- Dreamy Creamy Hair Mask 30 mins
- Chocolate Mud bath 30 mins

## FAMILY SPA PACKAGES

### Mum & Me

1 90 mins

Enjoy Precious time with your little one

This ritual features:

Mum:	Foot bath ritual	10 mins
	Ocean Flow massage	50 mins
	Antioxidant facial	30 mins
Me :	Foot ritual	10 mins
	Body massage	30 mins
	Sparkle Manicure	20 mins
	Organic facial	30 mins

### Dad & Me

1 60 mins

Welcome to a spa experience for dad and me, where you can indulge in delicious spa delights!

This ritual features:

Dad :	Foot bath ritual	10 mins
	Relax or Active massage	50 mins
Me:	Foot bath	10 mins
	Body massage	30 mins
	Chocolate mud bath	20 mins

## HOW TO SPA

The Jiwa Spa is open from 08.00 am to 10.00 pm (last booking at 09.00 pm).

Please visit the spa located on level 3 in the North Wing or call us at Extension 6556 to make a reservation.

Please arrive 15 minutes prior to your treatment in order to complete your health assessment form and take time to relax in our tranquil surroundings. Your time with us is precious so we kindly ask you to arrive on time so you can fully enjoy your treatment experience.

We are happy to provide complimentary use of our hydrotherapy area, including steam, sauna and pool, to all spa guests.

We recommend that you do not sunbathe directly after your spa treatment and advise that you limit your sun exposure for 2hrs before and after any spa treatment. Gentlemen are kindly asked not to shave immediately prior to facial treatments to ensure that maximum results are achieved.

If you are pregnant or have just given birth please notify our spa reception so that we may take the necessary care with your treatment prescription. We provide bathrobes, slippers and disposable underwear for your personal use during your visit to our spa.

Kindly note that the spa is a tranquil setting and a place to relax, therefore we request that you leave your mobile phone in your guestroom and enjoy a peaceful visit to the spa. Please refrain from smoking within the spa grounds as we would like to provide a healthy environment for all our guests.

We recommend that you leave all jewelry and valuables in your room's safety deposit box before coming to the spa. Please note the spa will not take responsibility for lost or damaged items of a personal nature.

Please note that the spa is an unsuitable environment for babies and small children. We try to ensure that all our guests benefit from the tranquil surroundings and ask you to be mindful of this when bringing young children to this location.

All treatments will be charged to your room and will appear on your account at the time of check out.

Please allow at least 6 hours' notice for cancellations to avoid a 50% cancellation charge; Cancellations without notice will incur a 100% charge.